



INDIVIDUAL REGISTRATION INSTRUCTIONS

Below is a list of instructions for registering as an individual for the Safeway Father's Day Walk/Run for Prostate Cancer (Do it for Dad):

1. Click on "Register as an individual or team now! "
2. This will take you to the **online registration page**
3. Select the following button:
Join as an Individual
4. Click "Next"
5. **You will now be at the Waiver/Release form.** Please read over and if you accept it then click "I accept" button
6. **You are now in the Registration Options page**
7. Select the registration fee that applies to you:
 - Registration Fee - Adult
 - Registration Fee - Youth (12+Under Participate for Free)
 - I will collect donations but will not participate in the walk/run
8. Click "Next"
9. **You are now in the Personal Information Page**
10. Fill out your personal information. You must include your email and create a password.
11. You will also be asked to set Your Fundraising Goal. REMEMBER, collect \$100 in pledges and your registration fee can be donated to the Prostate Centre or be refunded back to you.
12. Click "Next"
13. **You are now in the Donation page**
14. Fill out the page if you want to make a personal donation or become a monthly donor. This is an optional page. If you do not want to do either of these then click "Next"

15. **You are now in the Additional Information page.** Here you will fill out the following essential information:

- Your Event - the event you want to participate in. Options include:
 - 8km Run
 - 8km Walk
 - 3km Walk
 - I will not participate in the Walk/Run
 - I am volunteering
- Your gender
- Your age on event day
- Your T-shirt size (t-shirt is free with registration)
- Are you a cancer survivor - you can then choose to have a cancer survivor shirt or not

16. Click "Next"

17. **You are now at the Payment - Review/Confirm page**

18. Click "Next" if everything looks correct. If not click "change details" or "back" button

19. **You are now at the Payment page where you enter your credit card information.** Once you have entered the information then click "Submit Order". Please note Registrations are non-refundable and non-transferable.

20. A confirmation email will be sent to you.

If you require assistance with registering, please contact:

The Race Hotline at 1 888 788 4645 or the Prostate Centre at 250 388 0214

Race Email: doitfordad@theprostatecentre.info

Race Website: www.theprostatecentre.info